



£4.95 LUNCH MENU

Includes over 70 fresh dishes under £5 between 11.45 and 2pm daily

STARTERS

(share with a friend or enjoy by yourself as a starter or a small main course if preferred?)

PIZZA ALL'AGLIO- Garlic pizza with garlic butter, oregano and a little tomato £3.70
Or as above but with extra cheese V £4.25

PANE ALL'AGLIO- Homemade garlic bread toasted with herbs and butter V £2.95
Or as above, with extra tomato sauce and cheese V £3.50

PANE CASALINGA- homemade chunky bread sticks rolled in garlic and herb butter and served with a hot garlic, basil and tomato dip (for 2-4 persons) V £4.50

CROSTINI- Mini garlic bread 'pizzas' baked with mixed toppings V £4.75

PATE DELLA CASA- Pate baked on garlic bread topped with mozzarella £4.95

FUNGHI ALL'AGLIO- Garlic mushrooms served on hot garlic bread V £4.95

MINISTRONE- Fresh vegetable Minestrone soup with a little pasta V £4.05

RIBOLITA da VERDURA- A larger portion of fresh, chunky minestrone with extra borlotti beans, served baked on a toasted crouton. A meal in itself & healthy too V £5.25

INSALATA TOSCANA- Mozzarella, tomato, lettuce leaves, red onion and olives salad in a parmesan and basil dressing V £5.25 starter or £8.50 large

GAMBERONI ALL'AGLIO- Garlic king prawns V £6.50 starter or £12.75 main course

ANTIPASTO CASALINGA - Parma ham, Dolcelatte cheese, tomato and olive salad, garlic king prawns and fresh hot breadsticks with garlic mayonnaise £10.95

INSALATA DI GAMBERETTI- Prawn & Marie Rose salad V £5.95 starter or £9.50 large

ZUPPA Di PESCE- Delightful fish soup with a little pasta and potatoes V £5.95

POLLO PICCANTE- Spiced chicken in tomato & wine, baked with cheese £6.25

BRUSCHETTA DELLO CHEF

Fresh open 'sandwich' made with two toasted slices of our chunky garlic bread and salad;

HAM & CHEESE BRUSCHETTA - Topped with smoked Austrian cheese and Parma ham £4.95

CHICKEN BRUSCHETTA - 3 battered chicken breast goujons, lettuce & mayonnaise £4.95

SAUSAGE BRUSCHETTA - Sliced Cumberland sausage sautéed with caramelised onions £4.95

CAPRESE BRUSCHETTA - Sliced mozzarella & tomatoes toasted with a basil dressing (V) £4.95

Dishes marked (V) are vegetarian but some dishes may include fish.

Please inform the chef of any food allergies that you have

Take-aways are also served at this price between 11.45 and 2pm.

'Half' portions are also £4.95 at lunchtime as prices are already heavily discounted from our A la Carte.

PIZZE - PIZZA

We pride ourselves on making fresh pizza and bread dough daily & use only the best ingredients.
All pizza are hand rolled 10" topped with homemade tomato sauce and mozzarella cheese

ENEZIANA - Ham and pineapple £4.95

VERDE - Green pesto, garlic butter and a touch of tomato with mozzarella, leaf spinach, green peppers, mascarpone cheese, green olives and a little spicy jalapeno (V) £4.95

SALUMI - Salami, pepperoni and onion £4.95

PIZZA DI' ACTION - Spicy bacon and chilli sauce topped with cheese, salami, pepperoni and jalapeno peppers £4.95

BOLOGNESE - Bolognese sauce, cheese, mushrooms and sliced egg £4.95

RICCARDO - A little garlic butter, tomato, spicy chicken (our famous pollo piccante!) cheese, a little more chicken and a touch of mascarpone cream cheese £4.95

BRUTTISSIMA - Olives, capers and anchovies. Best with a dry, white wine! (V) £4.95

INGLESE - Ham, chicken and mushrooms £4.95

BELLISSIMA - Chicken, sweetcorn and pineapple £4.95

MARGHERITA - Tomato, mozzarella and oregano (V) £4.95

ULTIMA - Garlic butter, bolognese sauce, cheese, ham, salami, chicken, Cumberland sausage, pepperoni and bacon bits. A meat spectacular! £4.95

ROMANA - Ham and mushroom £4.95

AFFUMICATA - Spiced bacon and tomato sauce topped with mozzarella, fantastic local Cumberland sausage, smoked cheese, salami and smoked streaky bacon £4.95

PESCATORE - Prawns, tuna, onion and a little smoked mackerel and anchovy (V) £4.95

SICILIANA - Tuna, olives, onion, capers, a touch of chilli and garlic, baked with sliced egg and a drizzle of olive oil. A wonderful combination! (V) £4.95

"GIACOMO" - Garlic, tomato, aromatic spices, chicken, mushroom, bacon & salami £4.95

TOTO - One of Toto's favourites. Dolcelatte blue cheese, Parma ham and olives £4.95

GRECO - topped with grilled aubergines, olives, tuna, red onion and goats cheese (V) £4.95

PRIMAVERA - Roasted mixed Mediterranean vegetables with herbs and a touch of garlic butter, topped with cheese and sliced sweet cherry tomato (V) £4.95

EXTRA TOPPINGS

ham, mushrooms, tuna, salami, pepperoni, chicken, garlic butter, Cumberland sausage, olives, onion, prawns, smoked mackerel, boiled egg, sliced tomato, capers, sweetcorn, peppers, spinach, jalapenos, pineapple, anchovies or bacon bits; Each extra toppings 65p extra Cheese 95p

RISOTTO

RISOTTO AL POLLO - Chicken, onion, mushroom and peppers cooked with Arborio rice and herbs in a buttery chicken jus with a touch of fennel seed £4.95

RISOTTO ALLA MARINARA - Arborio rice and herbs cooked with prawns, tuna, mussels, a little tomato and fennel seed (V) £4.95

RISOTTO D'ORO - A light, golden, buttery risotto with chicken, mushrooms and basil in a sauce of dry white wine, parmesan cheese, turmeric and cream £4.95

RISOTTO GIARDINIERE - Italian sun dried tomato risotto with basil, roasted Mediterranean vegetables, capers and olives (V) £4.95

RISOTTO FUNGHI E DOLCELATTE - Mushroom, herb and Dolcelatte cheese risotto (V) £4.95

PASTE - PASTA

Here at Casa Romana we use the following popular types of pasta : PENNE-small, ribbed tubes
SPAGHETTI- like string LASAGNE-sheets of pasta baked in sauce FUSILLI-pasta twists
TORTELLINI-little pasta parcels filled with cheese

- SPAGHETTI “PUTTANESCA”- Meaning “prostitutes spaghetti”, this is a robust dish made from ingredients kept in the dry store (they didn’t have much time for shopping!) with olives, capers, anchovies, garlic, tomato, red wine and parmesan (V) £4.95
- SPAGHETTI ALLA CARBONARA - A traditional smoked bacon, cream and parmesan sauce with nutmeg and black pepper £4.95
- FUSILLI DELLO CHEF - Pasta in a luxuriously creamy mushroom and tarragon sauce (V) £4.95
- PENNE AL VESUVIO - Baked in parmesan, pesto and creamy tomato sauce with cheese (V) £4.95
- SPAGHETTI MARINARA - A rich tuna, prawn, garlic and tomato sauce (V) £4.95
- PENNE AL POLLO - Pasta baked in a delicious chicken and sweetcorn sauce with cheese £4.95
- TORTELLINI CLASSICO- Cheese filled pasta in a simple tomato and basil sauce (V) £4.95
- PENNE ALL’ AMATRICIANA - A medium spicy sauce from Amatrice, near Rome. Smoked bacon, chilli, tomato with a dash of cream and Sicilian marsala wine £4.95
- SPAGHETTI ARRABBIATA - Hot, spicy tomato sauce with onions, pesto and jalapenos (V) £4.95
- TORTELLINI ALLA PANNA - Cheese filled pasta in a delightful cream, ham, white wine and herb sauce with a touch of tomato and parmesan £4.95
- LASAGNE ROMANA- Baked in creamy white wine, ham and mushroom sauce with cheese £4.95
- LASAGNE BOLOGNESE - Bolognese and béchamel sauces baked with mozzarella £4.95
- FUSILLI NAPOLITANA - In a tomato, herb and red wine sauce from Naples (V) £4.95
- CANNELLONI CON CARNE - Crepes stuffed with savoury minced beef and spinach, baked with tomato and béchamel sauces with mozzarella cheese £4.95
- SPAGHETTI BOLOGNESE - A rich, savoury minced beef, tomato and red wine sauce £4.95
- CREPPELLE PRIMAVERA - The three colours of Italy in a pancake filled with goats cheese, spinach and sun dried tomatoes, baked in tomato sauce with mozzarella (V) £4.95
- FUSILLI MISTI ARROSTITI - Oven roasted Mediterranean vegetables tossed with pasta in a mountain herb, red wine and tomato sauce (V) £4.95
- FUSILLI GAMBERETTI - Creamy prawn, white wine and dill sauce with Sambuca (V) £4.95
- TORTELLINI DELLA NONNA - Minced beef & red wine sauce with rosemary & peas £4.95
- PENNE “POSITANO”- Pieces of chicken breast and smoked streaky bacon tossed with onions and herbs in a dry white wine and cream sauce £4.95
- SPAGHETTI CON BASILICO - A wonderfully simple dish often sold on the street corners of Italy. Pasta tossed in butter, tomato, parmesan and fresh basil (V) £4.95
- POLPETTE CON SALSICCE - Special homemade pork meatballs made with local award winning Cumberland sausage tossed with spaghetti and tomato sauce £4.95

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Don’t forget... Our Chef’s Gourmet Specials are also available.

Please ask to see it as it is highly recommended. You can mix it up with the normal menu or take advantage of our 3 course “gourmet selection” including wine for the special price of only £24.95 per person!

CHICKEN, MEAT & FISH DISHES

(all served with vegetables and potatoes unless where stated otherwise)

BISTECCA GARNITA - A local Sirloin steak, cooked to your liking, with a garnish of grilled tomato, fried onions, mushrooms and battered onion rings £15.95

POLLO PICCANTE CON PASTA - Our famous spicy chicken "casserole". Sliced chicken breast with aromatic spices, tomato & Marsala wine tossed with pasta & baked with cheese £11.75

PORCO CON PROSCUITTO DI PARMA - Pork fillet medallions sandwiched with mozzarella cheese and basil leaves, wrapped in Parma ham and draped in a cheese & white wine sauce £13.25

POLLO ALLA CACCIATORE - Chicken breast in a classic sauce with onions, peppers and mushrooms, a touch of garlic and tomato with a splash of white wine to finish £12.25

FILETTO "ROSSINI" - Prime Lakeland fillet steak, cooked & topped with liver pate, draped in Parma ham, set on a garlic crouton and smothered in Sicilian Marsala wine and mushroom sauce £17.50

MAIALE ALLA MODENA - Delicious pork fillet medallions simply cooked in a sauce of sweet caramelised onions, red wine and balsamic vinegar £12.50

POLLO MATTEO - Chicken breast in a wonderful tomato sauce with aromatic spices, olives, a touch of garlic and fresh basil, served on pasta tossed with onions, parmesan and olive oil £12.25

BISTECCA CON PEPE NERO - A lean Lakeland Sirloin steak in a creamy black pepper sauce £14.95

POLLO ALL'AGLIO E FUNGHI - Chicken in a creamy garlic, mushroom & white wine sauce £12.25

BISTECCA AL BOSCIOLA - Pieces of marinated prime steak tossed with penne pasta in a rich tomato, red wine and garlic sauce with mushrooms, onions and peppers £11.95

MAIALE FUNGHI E FORMAGGIO - Tender pork fillet in mushroom and blue cheese sauce £13.25

POLLO CON BASILICO - Chicken tenderloin fillets in butter, lemon and basil jus £12.50

MANZO TOSCANA - Rump steak (cooked medium) in tomato and red wine sauce topped with garlic butter, leaf spinach and mozzarella, gratinated and served on a bed of tossed pasta £12.50

MEDAGLIONI DI FILETTO "DIANE" - Medallions of prime fillet steak cooked with French mustard in a mushroom, onion, brandy and cream sauce £15.75

STROGANOV DI MANZO - Sliced steak in a spiced brandy, cream & paprika sauce with rice £14.95

GAMBERONI THERMIDOR - Peeled king prawns, mushrooms, onions and paprika in a cream, brandy and mustard sauce, served with salad and a timbale of rice £13.50

TONNO CALABRESE - Tuna steak in lemon & capers, served on tomato, olive & basil pasta £12.50

COZZE ALLA MARINARA - Mussels steamed in a classic sauce with parsley, white wine, spring onions and a touch of garlic butter, served with hot garlic bread & lemon £10.75

SIDES AND EXTRAS; Buttered spaghetti £3.50 Homemade chips £2.35 Spinach, onions & garlic £2.95 Onion rings £2.35 Side Salads; mixed, green or tomato £3.95 Fried onions & mushrooms £2.95

HOMEMADE DESSERTS (all handmade by our skilled chefs £4.75 each)

BANOFFEE MERINGUE, TIRAMISU, HEAVENLY HOT CHOCOLATE PUDDING, LUSCIOUS LEMON CHEESECAKE, APPLE CRUMBLE, STICKY TOFFEE PUDDING or CHEESE, BISCUITS & A SMALL GLASS OF VIN SANTO DESSERT WINE £4.95

Please see our dessert board for more fresh desserts.

GELATI - ICE CREAM; Small £ 1.85 Medium £ 3.10 Large £ 4.25

A choice of Ice creams from the award winning ENGLISH LAKES ICE CREAM Co.

FOR THE CHILDREN - £3.95 PER CHILD INCLUDING AN ICE CREAM (under 12's only)

SMALL PIZZA MARGHERITA WITH ANY TWO OF THE FOLLOWING;

HAM, SALAMI, MUSHROOM, PINEAPPLE, PEPPERONI, CHICKEN or SWEETCORN.

SPAGHETTI IN BOLOGNESE or TOMATO & BASIL SAUCE.

CHICKEN BREAST RISOTTO or PASTA TWISTS IN A CREAMY HAM & CHEESE SAUCE.

CHICKEN BREAST NUGGETS or FISH FILLET FINGERS WITH CHIPS or VEG & POTATOES